

INTOUCH

FALL 2017 | A **McALVAIN** COMPANIES PUBLICATION



PROJECT ANNOUNCEMENTS

McAlvain Construction, Inc.
 Argyros Ketchum Performing Arts Center
 Alpine Investments TI
 Boise Albertsons C-Store & Fuel Center
 The Broadway Mixed-Use Development

McAlvain Concrete, Inc.
 Treasure Valley Hospital Expansion
 BSU Fine Arts Building
 Boise High Gym & Performing Arts Renovation
 Indian Creek Concrete & Earthwork
 McCain Foods Central RAW Receiving
 Argyros Performing Arts Center Concrete
 JUMP Phase 2 Fountain Slab
 Boise SkyWest Apron Expansion

McALVAIN TAKES HOME 3 IBR AWARDS

McAlvain received 3 awards at the 2017 Idaho Business Review Top Projects Event! Awards received includes 1st place for the Grove Plaza Renovation (Renovations Category), 2nd place for the Dixie Drain Phosphorus Removal Facility (Infrastructure) and 2nd place for the Limelight Hotel Ketchum (Private). Thank you IBR and Congratulations to all the hard workers who made each of these projects a success!



1st Place IBR 2017 Top Projects Award Winner for Renovations as well as a 2017 City of Boise Building Excellence Award Winner.



SAFETY FIRST - ALWAYS!

St. Luke's Children's Pavilion, Boise, Idaho - In recognition of continued outstanding efforts and achievements in making St. Luke's Children's Pavilion a safe place to work, McAlvain was given a 2017 Safety Award from St. Luke's Construction Safety Committee on the 28th of September. McAlvain crews are currently placing 12,000 CY of concrete for the 3 level underground parking garage and 4 level above ground structure.

RECENTLY COMPLETED

McAlvain Concrete, Inc.
 St. Luke's Magic Valley MOB
 Residence Inn Boise
 Lazy Bear Ranch Improvements

McAlvain Construction, Inc.
 UFP Nampa
 Rapid River Hatchery & Diversion Structure
 Grove Plaza Renovation Phase 2

McAlvain Design Build, Inc.
 The Coffee Mill at Harris Ranch

In case you missed it: Groundbreakings!

Not every project holds an official groundbreaking ceremony but when they do we like to share a picture! In case you missed any of our latest groundbreaking ceremonies, take a look:



April 10, 2017 - Caldwell, Idaho
 Indian Creek Plaza

June 22, 2017 - Hailey, Idaho
 Animal Shelter of the Wood River Valley

July 7, 2017 - Ketchum, Idaho
 AGYROS Performing Arts Center

August 7, 2017 - Idaho Falls, Idaho
 The Broadway Mixed Use Development

WELCOME TO McALVAIN

Tammie Newman as Director of Preconstruction Services
Mark van Gulik as Senior Project Manager
Brian Lemmon as Project Manager
Brent Conger as Superintendent

CONGRATULATIONS!

Mike Brophy has been promoted to Concrete Finisher Foreman
Paola Eldridge has been promoted to Senior Admin Specialist



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BRING YOUR KID TO WORK DAY

This summer, McAlvain held "Bring Your Kid to Work Day" inviting employees to bring their kids to the office and spend the afternoon working along side their Mom or Dad. It was a great time! Kids were treated to a BBQ, a new employee/safety orientation, a concrete craft and some quality time learning what it takes to be a Construction Manager. We have a bunch of future builders on our hands! Kirk's daughter got a kick out of using an actual typewriter which McAlvain still uses on occasions. Her story is below:

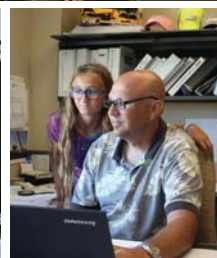


July 28, 2017 - Today I got to see what my Dad does at McAlvain Companies, Inc. When I first got here I received a tour from my Dad. Although I had been here many times before, it was fun to see where everyone worked! After we had lunch, we had a quick safety meeting. I even took notes on what/what not to do. Later, all the kids went outside to learn to do what McAlvain does best: **Concrete!** Each kid got their own form and concrete was poured inside. We all smoothed the concrete and decorated it. I, like many others, wrote my name and put my hand prints in it. It was very hot outside, and we all were very sweaty and red-faced when we got back inside but despite the heat we all had fun using concrete.

Afterwards, I got to see what my Dad does at McAlvain. My dad writes proposals, and today I helped him get some bid forms ready to turn in. I got to put the official seal for McAlvain Concrete onto it. After that, he showed me and my siblings how he wrote up proposals. I even was able to use their old school typewriter, which was pretty fun. Overall, it was very fun to see how people worked at McAlvain Companies, Inc.

Thank you to everyone at McAlvain for putting together such a fun day!

By *Ashlyn Davenport*



Employee Assistance Program (EAP)



Newly added to this years company benefits is the Employee Assistance Program (EAP). The EAP is set up to provide access to face-to-face counseling professionals, web-based tools and other resources that help you sort out work, personal or family issues. This includes:

- **Personal:** Stress, anxiety, depression, grief, drug or alcohol use
- **Relationship:** Marriage, separation or divorce, family, parenting, domestic abuse
- **Work:** Anger management, job change, co-worker conflicts, ethics
- **Legal & Financial:** Wills, budgeting, financial planning, divorce, identity theft protection & recovery

These services are provided at no cost to eligible employees & families and are strictly confidential. To access services call **1-800-726-0003**. Crisis counselors are available 24 hours a day, 7 days a week. Go to BPAHealth.com for more information. McAlvain login access can be found on page 137 of the 2017 McAlvain Benefits Booklet.



7 Common Causes of Accidents

Unsafe acts cause **4X** as many accidents & injuries as unsafe **conditions**. Accidents occur for many reasons. People tend to look for "things" to blame when an accident happens because it's easier than looking for root causes. **Have you been guilty of any of these attitudes or behaviors?** If so, you may not have been injured, but next time you may not be so lucky.

Taking Shortcuts: Every day we make decisions we hope will make the job faster and more efficient. But do time savers ever risk your own safety, or that of others? Short cuts that reduce your safety on the job are not shortcuts, but an increased chance for injury.

Being Over-Confident: Confidence is a good thing. Overconfidence is too much of a good thing! It'll never happen to me is an attitude that can lead to disaster. Improper procedures or methods for accomplishing your work task, poor or unmaintained tools, not wearing the appropriate PPE or taking the time to do a hazard assessment can lead to a serious injury or worse.

Starting a Task With Incomplete Instructions: To do the job safely and right the first time, you need complete information. Don't be shy about asking for explanations about work procedures and safety precautions. It isn't dumb to ask questions; it's dumb not to.

Poor Housekeeping: When visitors, managers or safety professionals walk through your work site, housekeeping is an accurate indicator of everyone's attitude about quality, production and safety. Poor housekeeping creates hazards of all types. A well maintained area sets a standard for others to follow.

Ignoring Safety Procedures: Purposely failing to observe safety procedures can endanger you and your co-workers. You are being paid to follow the safety policies, not to make your own rules.

Mental Distractions from Work: Having a bad day at home and worrying about it at work is a hazardous combination. Dropping your mental guard can pull your focus away from safe work procedures. You can also be distracted when you're busy working and a coworker comes by to talk while you are trying to work. Don't become a statistic because you took your eyes off the tool or controls just for a moment.

Failure to Pre-Plan the Work: There is a lot of talk today about Risk Management. Risk management is an effective way to figure out the smartest ways to work safely and effectively. Being hasty in starting a task, or not thinking through the process can put you in harm's way.

Instead Plan Your Work And Then Work Your Plan!

