

# INTOUCH

SPRING 2017 | A **McALVAIN** GROUP OF COMPANIES PUBLICATION



## RAPID RIVER HATCHERY SCREEN & DIVERSION TEAM MEETS CRITICAL MILESTONES

Riggins, Idaho. Construction of the Rapid River Fish Hatchery Screen & Diversion continues to progress as planned and is on schedule for substantial completion in June 2017. To date, McAlvain Construction has successfully achieved six of eight milestones for the project. The most recent three completed in February were extremely critical with no room for delay. This included completing all in river work; constructing weirs, building concrete structures, and installing pneumatic crest gates. With a February 22nd deadline, the crew on site worked tirelessly through most of the winter to successfully meet each critical milestone. "You've got to hand it to our Team," says Geoff Hewitt, McAlvain Project Engineer. "Even during one of the craziest winters, everyone stayed motivated, braved the elements and worked hard to make it happen." The remaining milestone dates include putting a concrete vault into operation by May 29th and substantial completion June 15th.



## PROJECT ANNOUNCEMENTS

### McAlvain Concrete, Inc.

St. Luke's Children's Pavilion, Boise  
St. Luke's Magic Valley MOB  
Residence Inn Boise  
Boise City Hall Main Plaza Renovation

### McAlvain Construction, Inc.

ISU Davis Field Renovation  
Animal Shelter of the Wood River Valley  
Indian Creek Plaza  
Sweetwater Townhomes  
LCSC Living Learning Complex  
Lander Street WWTF Improvements  
CCDC Pre-qualified Contractors List  
SkyWest Maintenance Hangar

## EMPLOYEE MENTOR PROGRAM ROLLS FORWARD

McAlvain Group of Companies is dedicated to the betterment of its employees by developing a skilled workforce of craftsman and managers. Launched in 2016, a written plan has been made available to qualified employees. This plan outlines key steps to learning skills and duties necessary to manage work at a Foreman and Superintendent Level for McAlvain. Interested individuals should contact Brian Burford or Brandon Fannesbeck.

## BLUEPRINTS BOISE FOR MANAGERS

The construction industry is evolving, and now more than ever Customer Service has to be a top down priority within our organization. Blueprints for Managers is a yearlong program that focuses on Client Services and Communication skills. The first class from McAlvain to be enrolled in this program is comprised of Brandon Fannesbeck, Jamal Nelson, Mike Wilson, Steve Kaufman, Torry McAlvain, Jr., Tyler Resnick and Walt McBrier. June 2017 will mark the completion of the first class and is to be superseded by the second class.



## RECENTLY COMPLETED

### McAlvain Design Build, Inc.

Valley Country Store at the Crossroads, Jerome

### McAlvain Concrete, Inc.

The Afton Lofts  
The Fowler Apartments  
Barber Station Apartments

### McAlvain Construction, Inc.

Walmart Learning Center  
Grove Plaza Renovation Phase 1  
Western States Pocatello  
Dixie Drain Phosphorus Removal Facility

## WELCOME TO MCALVAIN

**Gerardo (Gary) Vidales** as Jr. Estimator

## CONGRATULATIONS!

**Tyler Crofts** has been promoted to Concrete Superintendent

**Reed Lenkersdorfer** has been promoted to Assistant Project Manager

**Tyler Resnick** has been appointed to the City of Boise's Building Codes Board of Appeals for a four year term ending 1/20/21



### Ruth Fritts a candidate for NAWIC National Secretary

Our very own Ruth Fritts is running for the office of 2017-18 NAWIC National Secretary. Ruth has served as National Chairman of the Safety Committee and Strategic Planning Committee as well as multiple positions within the NAWIC Boise Chapter. Ruth currently serves as Director of the Pacific Northwest Region which oversees ID, OR, WA, AK, MT, Northern Nevada, Northern California and Guam. Over the next month, Ruth will be campaigning visiting 5 of the 8 regions within the US leading up to the May 31st election.

## Employee Assistance Program Added to Benefits

Newly added to this years company benefits is the Employee Assistance Program (EAP). The EAP is set up to provide access to face-to-face counseling professionals, web-based tools and other resources that help you sort out work, personal or family issues. This includes:

- **Personal:** Stress, anxiety, depression, grief, drug or alcohol use
- **Relationship:** Marriage, separation or divorce, family, parenting, domestic abuse
- **Work:** Anger management, job change, co-worker conflicts, ethics
- **Legal & Financial:** Wills, budgeting, financial planning, divorce, identity theft protection & recovery

These services are provided at no cost to eligible employees & families and are strictly confidential. To access services call **1-800-726-0003**. Crisis counselors are available 24 hours a day, 7 days a week. Go to [BPAHealth.com](http://BPAHealth.com) for more information. McAlvain login access can be found on page 137 of the 2017 McAlvain Benefits Booklet.



**SPOTLIGHT**

**PAOLA BURGOS ELDREDGE**

FRONT DESK COORDINATOR

Paola is the first one to welcome you as you enter our doors! She has been with McAlvain for nearly a year now and manages the front desk, handles subcontractor insurance compliance, provides translation/interpretation and assists human resources, payroll and accounts payable. Originally from Bogota, Colombia, Paola has lived in the United States for 13 years and loves Idaho. She moved to Boise in 2010 and graduated from Boise State University with a degree in Human Resources Management. Paola is married with two kids; a 4 yr. old boy and 18 mo. old girl. Paola and her family enjoy the outdoors and love to hike, fish, camp and swim. She also enjoys running and loves to travel; especially to visit her family in Colombia. **About working at McAlvain:** "One of my favorite things is the company's customer oriented culture and the integrity and professionalism of each employee. I feel part of a great team that works hard and goes beyond quality expectations. The enthusiasm and hard work is contagious!"



**GROVE PLAZA SPONSORSHIP**

From the original construction to the 2017 renovation, McAlvain is a proud builder of the Grove Plaza in the heart of Downtown Boise. In addition to the recent renovation, McAlvain helped contribute as a sponsor to pay for some special added features to the plaza including choreographed displays of water, lights and music at the fountain. As a token of appreciation, CCDC is preparing a special plaque for each sponsor to be placed near specific trees within the Grove Plaza. This summer, take a trip down to visit the beautiful new plaza and look for the McAlvain plaque!



**ANNUAL EMPLOYEE PARTY 2016 "OF THE YEAR" AWARDS**

- CONCRETE FINISHER OF THE YEAR** Chayse Laleman  
**FOREMAN OF THE YEAR** Brian Vernon/Joel Durham  
**EQUIPMENT OPERATOR OF THE YEAR** Jared Cammann  
**LABORER OF THE YEAR** Johnny Tovar  
**CARPENTER OF THE YEAR** Jose Padilla



**Prescription Medications** are often helpful in recovery from illness and injury, and chances are you have received benefits from one or more prescribed by a physician. Almost every medication has some risk associated with taking it, including various side effects.



**Opioids are medications that relieve pain.** Common brands are Vicodin, OxyContin, Percocet, Hydrocodone, and Dilaudid. Prescription painkillers work by binding to receptors in the brain to decrease the perception of pain. These powerful drugs can create a feeling of euphoria, cause physical dependence, and, in some people, lead to addiction. A person who is abusing prescription painkillers might take larger doses to achieve a euphoric effect and reduce withdrawal symptoms. Larger doses can cause breathing to slow down so much that breathing stops, resulting in a fatal overdose. These painkillers are powerful drugs and are highly addictive. The misuse of these drugs is becoming an epidemic today. In 2013, over 51% of overdoses (22,767 deaths) were due to prescription medications. It's important to be an informed consumer as you discuss the potential use of these medications with your medical provider and their impact on your safety at home and at work.

**Is there an Alternative?** There are several alternative non-opioid pain relievers. Ask your doctor if a non-opioid alternative can be prescribed. If not, ask your physician to limit the dose and length of time you take the medication. There is no way to determine who will become addicted to the prescription painkiller. People with a history of substance abuse including alcohol or other drugs, or those who experience depression or anxiety, are more vulnerable.

**Do not share your medications.** You may be endangering someone's life, or enabling someone else's dependency or addiction.

**Safely dispose of medications once you have stopped taking them.** Your local pharmacy can give you information on how to do this. Be sure that you understand the part of your workplace policy that talks about prescription drug use. Prescription opioids greatly increase the risk for incidents and errors. It is important that your physician knows that you are in a safety sensitive job or responsible for any work where impairment creates an unsafe or high-risk situation.

McAlvain's Drug-Free Workplace Policy requires the employee to disclose that he or she is taking medications if the drugs are producing or may produce side effects that could result in unsafe working conditions. Employees are cautioned regarding the use prescription medication that contains a WARNING LABEL that the use of the drug may impair his/her ability to safely operate equipment or machinery.

**2016 SAFETY AWARDS | ACCIDENT FREE HOURS**

|                         |           |                         |        |                       |        |
|-------------------------|-----------|-------------------------|--------|-----------------------|--------|
| Del Abbott              | 7,129 hrs | Dawn Geddes             | 6,746  | Fabian Marquez-Chavez | 49,554 |
| Taylor Ades             | 3,182     | Justin George           | 5,449  | Gerardo Martinez      | 10,074 |
| Arnold Ades             | 3,665     | Daniel Godoy-Lamas      | 4,723  | Chase McCubbins       | 4,413  |
| Luis Arellano           | 4,233     | Angel Gomez             | 3,558  | Juan Mora             | 2,299  |
| Joseph Barrera          | 3,199     | Erick Gomez             | 3,195  | Larry Moulton         | 4,956  |
| Amador Barrios          | 6,595     | Erasmo Gonzales- Suarez | 3,011  | Brian Murphy          | 52,680 |
| Mike Barron             | 8,200     | Dameon Goodway          | 7,007  | Jonathon Nagel        | 4,163  |
| Jose Bautista           | 11,236    | Pete Hamilton           | 7,449  | Kent Olsen            | 37,272 |
| Fran Bohl               | 35,531    | John Hanson             | 3,840  | Juan Padron           | 4,826  |
| Christian Brandon       | 5,415     | Christopher Hart        | 6,800  | Guadalupe Perez       | 2,160  |
| Shane Brandon           | 29,039    | John Hernandez          | 4,647  | Ervey Pesina          | 6,117  |
| Daniel Brier            | 2,448     | Jose Hernandez          | 3,673  | Jesus Ramirez         | 6,381  |
| Brian Burford           | 50,381    | Dan Johnson             | 3,802  | Ricardo Rodriguez     | 4,226  |
| Jared Cammann           | 21,692    | Daniel Johnson          | 2,529  | Ivan Sandoval         | 3,424  |
| Dustin Campbell         | 24,901    | Christopher Knott       | 4,032  | Antonio Silva Mora    | 7,534  |
| David Carrera           | 21,090    | Dan Koski               | 17,469 | Marco Solis           | 3,868  |
| Oscar Carrillo          | 2,539     | Shane Koski             | 6,742  | Richard St. Germain   | 2,337  |
| Richard Clauson         | 47,294    | Chayse Laleman          | 4,431  | Cesar Tejada          | 2,430  |
| Rodney Cole             | 7,058     | Curtis Law              | 3,000  | Lenny Thomason        | 9,512  |
| Gulberto Colis-Martinez | 2,678     | Anthony Lawrence        | 8,330  | Johnny Tovar          | 6,823  |
| Rodie Cox               | 3,265     | Bruce Leonard           | 6,851  | Epigmenio Valenzuela  | 5,932  |
| Clayton Crofts          | 5,095     | Matthew Lindenmuth      | 8,053  | Raudel Valenzuela     | 7,701  |
| Tyler Crofts            | 15,360    | Leonard Loewen          | 6,213  | Angel Vasquez Jr.     | 8,533  |
| Raul Deanda             | 23,468    | Julian Lopez            | 8,200  | Bill Newhouse         | 25,051 |
| Joel Durham             | 4,194     | Luke Lott               | 6,522  | Amlicar Vasquez       | 8,025  |
| Randy Engle             | 29,648    | Stephen Ludwig          | 5,402  | Brian Vernon          | 4,405  |
| Ben Eriksen             | 6,717     | Mark Lundquist          | 5,524  | David White           | 3,338  |
| Federico Flores         | 13,996    | Jayme Madler            | 5,496  | Mike Wilson           | 46,360 |
| Juan Galvez             | 3,887     | Pablo Maravilla         | 12,882 | Manual Zapata         | 2,438  |

**ANNIVERSARY MILESTONES**

|                            |                              |                            |
|----------------------------|------------------------------|----------------------------|
| <b>5 YEARS +</b>           | <b>10 YEARS +</b>            | <b>15 &amp; 20 YEARS +</b> |
| Mark Lundquist (5 yrs)     | Michael Barron (10 yrs)      | Pete Hamilton (15 yrs)     |
| Rod Coles (5 yrs)          | Gerardo Martinez (10 yrs)    | Ruth Fritts (15 yrs)       |
| Shane Koski (5 yrs)        | Candice Kittrell (10 yrs)    | Gay Lynn Anderson (16 yrs) |
| Angel Luis Vasquez (5 yrs) | Lenny Thomason (10 yrs)      | Jose Bautista (16 yrs)     |
| Torry McAlvain Jr. (5 yrs) | Pablo Maravilla (10 yrs)     | Kent Olsen (17 yrs)        |
| Tyler Crofts (6 yrs)       | Raul Deanda (11 yrs)         | Julian Lopez (18 yrs)      |
| Federico Flores (6 yrs)    | Dustin Campbell (11 yrs)     | Randy Engle (19 yrs)       |
| Pablo Maravilla (6 yrs)    | Jared Cammann (11 yrs)       | Mike Wilson (21 yrs)       |
| Tyler Resnick (6 yrs)      | Kirk Davenport (11 yrs)      | Fran Bohl (21 yrs)         |
| Dan Koski (7 yrs)          | Chuck Graves (12 yrs)        | Brian Burford (22 yrs)     |
| Del Abbott (8 yrs)         | Richard St. Germain (12 yrs) | Fabian Marquez (24 yrs)    |
| Walt McBrier (8 yrs)       | Shane Brandon (12 yrs)       | Brian Murphy (25 yrs)      |
| Macy Lui (9 yrs)           | David Carrera (12 yrs)       | Rich Clauson (26 yrs)      |
|                            | Dawn Geddes (13 yrs)         | Bret Gibleau (26 yrs)      |